3rd Annual Westmead Endoscopy Symposium
Thursday 4th & Friday 5th, March 2010
Westmead Hospital Sydney
Australia

INTERNATIONAL FACULTY:

- Chris Dietrich, Mergentheim
- Nageshwar Reddy, Hyderabad
- Yutaka Saito, Tokyo
- Pete Stevens, New York

AUSTRALIAN FACULTY:

- Robyn Ward, NSW
- Luke Hourigan, QLD
- Gregor Brown, VIC

CONFERENCE PROGRAM

Topics:

- Barrett’s Oesophagus
  - Detection of inconspicuous neoplasia and dysplasia
- Total mucosectomy
- Radio-frequency ablation
- Enhanced endoscopic imaging modalities
- Advanced colonoscopy/complex polypectomy and mucosectomy
- Endoscopic palliation of malignancy
- Diagnostic and interventional endoscopic ultrasound
- ERCP: complex and basic therapeutics
- Direct cholangioscopy
- Pseudocyst drainage and endoscopic necrosectomy
- Balloon and capsule enteroscopy
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Welcome
Dear Colleagues, Ladies and Gentlemen

It is my great pleasure to welcome you to the 3rd Annual Westmead Endoscopy Symposium.

Once again we have set ourselves the goal of a comprehensive demonstration of diagnostic and therapeutic endoscopy.

The last few years have seen advances in Endoscopy that could scarcely have been imagined a decade ago and the speed of innovation continues at a pace not previously witnessed. Our program will aim to highlight these progressions in addition to the core fundamentals of good endoscopic practice.

The symposium's content has been carefully designed and the cases judiciously selected to facilitate discussion around critical aspects of technique and points of controversy. A strong focus on the cognitive processes behind the delivery of high quality endoscopy will also feature. We encourage you to relay your questions through the panel to the proceduralist. Our invited experts are all internationally renowned authorities and their responses to your questions and comments will enhance the meeting for you and your colleagues.

Finally, on behalf of our Department, Nurses and Doctors alike, I thank you for your support and interest and for taking the time from your busy schedules to join us here for these two special days. The international guests, in combination with our Australian faculty and the team from Westmead, will I believe provide an enlightening and informative educational experience for you, and hopefully a very enjoyable one.

Yours Sincerely
Michael Bourke
Chairman Organising Committee
Westmead Endoscopy Symposium 2010

The attendance of the international faculty has been graciously supported by our Gold Sponsors

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International Faculty

PROF CHRISTOPH DIETRICH, Head of the Medical Department 2, Caritas-Hospital Bad Mergentheim, Germany
Professor Dr Christoph F Dietrich is the chief of the Medical Department 2 (Caritas - Krankenhaus Bad Mergentheim, Germany). He graduated from the Medizinische Hochschule Hannover (MHH). His medical education included studies in New York, USA, Montpellier, France and Sevilla, Spain. He is specialised in Internal Medicine, Gastroenterology (Fellow of the European Board of Gastroenterology) and Hematology & Oncology. Dr Dietrich has keen interest in gastrointestinal and liver diseases, including interventional endoscopic ultrasound and has published numerous scientific papers. He is also editor of several medical textbooks as well as the Honorary Secretary of EFSUMB (European Federation of Societies for Ultrasound in Medicine and Biology).

DR NAGESHWAR REDDY, Chairman, Asian Institute of Gastroenterology, Hyderabad, India
Dr D Nageshwar Reddy is currently the Chairman of the Asian Institute of Gastroenterology, Hyderabad, India. He graduated from Kurnool Medical College obtaining internal medicine, Masters in Madras Medical College and D.M in Gastroenterology from PGIMER, Chandigarh. His main areas of research interest is in G.I.Endoscopy particularly in Therapeutic Pancreato Biliary Endoscopy and Innovations in Transgastric Endoscopic Surgery.

DR YUTAKA SAITO, Endoscopy Division, National Cancer Centre Hospital, Tokyo, Japan
Dr Yutaka Saito is a leading member of the consultant staff at the national cancer centre in Tokyo. His clinical and research interests focus on techniques for the diagnosis and therapy of mucosal malignancy in the upper and lower digestive tract. He has been one of the pioneers in developing the techniques of submucosal dissection. He is frequently invited to demonstrate and lecture at international endoscopy symposia.

DR PETE STEVENS, Director of Endoscopy, New York Presbyterian Hospital - Columbia Campus, USA
Peter D Stevens, MD is Director of Endoscopy at New York Presbyterian Hospital - Columbia Campus. He is Associate Professor of Clinical Medicine in the College of Physicians of Surgeons, Chief of the Interventional Endoscopy Service in the Division of Digestive and Liver Diseases, and Endoscopic Program Director in the Pancreas Center at Columbia University Medical Center. Dr Stevens is principle investigator for several clinical trials to advance the use of endoscopic approaches to diagnostic and therapeutic challenges. His current research interests include the use of novel intraductal endoscopy techniques within the pancreaticobiliary tree, the use of EUS to screen high risk patients for pancreatic cancer, and developing techniques for endoluminal surgery and natural orifice transluminal endoscopic surgery.
Welcome to Nurses

It is my great pleasure to welcome you to the 2010 Westmead Endoscopy Symposium Nurses Workshop. This workshop will compliment the subsequent two days live workshop, which will demonstrate some new and exciting techniques in gastrointestinal endoscopy.

The nursing workshop will provide a comprehensive coverage of the multidisciplinary management of patients undergoing routine and advanced Endoscopy both in the elective and emergency setting.

The key areas of focus will be on oesophagus, Barrett’s & associated strictures, pancreas, role of endoscopic ultrasound, pseudocyst and FNA, reprocessing, sedation, recovery and discharge and Nurse and Endoscopist expectations of each other.

All presentations will be given during the first session before tea followed by 2 hours of hands on demonstration of equipment.

We hope you enjoy the workshop and welcome those that are staying for the full two day live symposium with some of the worlds leading Endoscopists demonstrating their skill and new advances in endoscopy.

Yours sincerely
Mary Bong
Nurse Unit Manager, The Endoscopy Unit, Westmead Hospital
Organising Committee Westmead Endoscopy Symposium 2010

Nurses Workshop - Wednesday 3 March 2010

0715  Coaches will depart promptly from the ‘lower ground floor’ of the Four Points by Sheraton Hotel. Please be waiting 10 minutes prior to departure.

0800  Registration Opens

0830 - 0840  Welcome by Mary Bong - Venue: Loewenthal Auditorium

0840 - 0905  Oesophagus: Barrett’s, strictures and what else? Presenters: Betty Lo, Helna Lindhout, Adeyemi Adenike

0905 - 0930  Pancreas: The role of EUS, Pseudocyst, FNA. Presenters: Kwok Siu Wa, Sandra Ko, Su Wang

0930 - 0955  Reprocessing has been reprocessed? Presenter: Robyn Brown

0955 - 1020  Sedation, recovery and discharge. Presenters: Judy Tighe-Foster, Susan Lane, Rachel Perram

1020 - 1030  Discussion

1030 - 1100  Morning Tea - Venue: Loewenthal Auditorium Crush Area

Floor Co-ordinator and Photographer: Mark Brook , Equipment Co-ordinator: Kerry Flew
* please remain with your allocated group for the entire morning

<table>
<thead>
<tr>
<th>GROUP 1</th>
<th>GROUP 2</th>
<th>GROUP 3</th>
<th>GROUP 4</th>
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</table>
| 1100 - 1125  | Sedation, recovery and discharge.  
Demonstrators: Judy Tighe-Foster, Janice Waru, Susan Lane, Rachel Perram, Julie Brown, Crystal Schumacher, Cassandra Smith  
Venue: Lecture Theatre 4 | Pancreas: The role of EUS, Pseudocyst, FNA.  
Demonstrators: Sandra Ko, Kwok Siu Wa, Su Wang, Dr Alan Moss  
Venue: Seminar Room 2 | Reprocessing has been reprocessed?  
Demonstrators: Robyn Brown, Karuna Kisun, Ewa Kasprzak-Adamiecki, Jimmy Ng  
Venue: Seminar Room 2 | Oesophagus: Barrett’s, strictures and what else?  
Demonstrators: Helna Lindhout, Betty Lo, Adeyemi Adenike, Amelia Tam  
Venue: Seminar Room 3 |

1130 - 1155  | Pancreas: The role of EUS, Pseudocyst, FNA.  
Demonstrators: Sandra Ko, Kwok Siu Wa, Su Wang, Dr Alan Moss  
Venue: Seminar Room 2 | Reprocessing has been reprocessed?  
Demonstrators: Robyn Brown, Karuna Kisun, Ewa Kasprzak-Adamiecki, Jimmy Ng  
Venue: Seminar Room 3 | Oesophagus: Barrett’s, strictures and what else?  
Demonstrators: Helna Lindhout, Betty Lo, Adeyemi Adenike, Amelia Tam  
Venue: Seminar Room 3 | Sedation, recovery and discharge.  
Demonstrators: Judy Tighe-Foster, Janice Waru, Susan Lane, Rachel Perram, Julie Brown, Crystal Schumacher, Cassandra Smith  
Venue: Lecture Theatre 4 |

1200 - 1225  | Reprocessing has been reprocessed?  
Demonstrators: Robyn Brown, Karuna Kisun, Ewa Kasprzak-Adamiecki, Jimmy Ng  
Venue: Seminar Room 3 | Oesophagus: Barrett’s, strictures and what else?  
Demonstrators: Helna Lindhout, Betty Lo, Adeyemi Adenike, Amelia Tam  
Venue: Seminar Room 4 | Sedation, recovery and discharge.  
Demonstrators: Judy Tighe-Foster, Janice Waru, Susan Lane, Rachel Perram, Julie Brown, Crystal Schumacher, Cassandra Smith  
Venue: Lecture Theatre 4 | Pancreas: The role of EUS, Pseudocyst, FNA.  
Demonstrators: Sandra Ko, Kwok Siu Wa, Su Wang, Dr Alan Moss  
Venue: Seminar Room 2 |

1230 - 1300  | Oesophagus: Barrett’s, strictures and what else?  
Demonstrators: Helna Lindhout, Betty Lo, Adeyemi Adenike, Amelia Tam  
Venue: Seminar Room 4 | Sedation, recovery and discharge.  
Demonstrators: Judy Tighe-Foster, Janice Waru, Susan Lane, Rachel Perram, Julie Brown, Crystal Schumacher, Cassandra Smith  
Venue: Lecture Theatre 4 | Reprocessing has been reprocessed?  
Demonstrators: Robyn Brown, Karuna Kisun, Ewa Kasprzak-Adamiecki, Jimmy Ng  
Venue: Seminar Room 3 | Pancreas: The role of EUS, Pseudocyst, FNA.  
Demonstrators: Sandra Ko, Kwok Siu Wa, Su Wang, Dr Alan Moss  
Venue: Seminar Room 2 |

1300 - 1400  | Lunch - Venue: Loewenthal Auditorium Crush Area | | |

1325 - 1400  | Endoscopy unit tours depart the registration desk (pre-booked) | | |

1400 - 1415  | Quiz - Quizmaster: Mary Bong, Venue: Loewenthal Auditorium | | |

1415 - 1500  | What the Nurse wants from the Endoscopist: What the Endoscopist hopes for from the Nurse?  
Presenters: Dr Stephen Williams, Nicky Stojanovic | | |

1500 - 1505  | Quiz prizes presentation | | |

1510 - 1530  | Afternoon Tea - Venue: Loewenthal Auditorium Crush Area | | |

1545 | Afternoon Tea - Venue: Loewenthal Auditorium Crush Area | | |

1600 | Quiz prizes presentation | | |

1615 | Quiz prizes presentation | | |

1630 | Quiz prizes presentation | | |

1645 | Quiz prizes presentation | | |

1700 | Quiz prizes presentation | | |

1715 | Quiz prizes presentation | | |

1730 | Quiz prizes presentation | | |

1745 | Quiz prizes presentation | | |

1800 | Quiz prizes presentation | | |

1815 | Quiz prizes presentation | | |

1830 | Quiz prizes presentation | | |

1845 | Quiz prizes presentation | | |

1900 | Quiz prizes presentation | | |

1915 | Quiz prizes presentation | | |

1930 | Quiz prizes presentation | | |

1945 | Quiz prizes presentation | | |

2000 | Quiz prizes presentation | | |

2015 | Quiz prizes presentation | | |

2030 | Quiz prizes presentation | | |

2045 | Quiz prizes presentation | | |

2100 | Quiz prizes presentation | | |

2115 | Quiz prizes presentation | | |

2130 | Quiz prizes presentation | | |

2145 | Quiz prizes presentation | | |

2200 | Quiz prizes presentation | | |

2215 | Quiz prizes presentation | | |

2230 | Quiz prizes presentation | | |

2245 | Quiz prizes presentation | | |

2300 | Quiz prizes presentation | | |

2315 | Quiz prizes presentation | | |

2330 | Quiz prizes presentation | | |

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0000 | Quiz prizes presentation | | |
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## Symposium Program

### Day One - Thursday 4 March 2010

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>0715</td>
<td>Coaches will depart promptly from the 'lower ground floor' of the Four Points by Sheraton Hotel. Please be waiting 10 minutes prior to departure.</td>
</tr>
<tr>
<td>0730</td>
<td><strong>Registration Opens</strong>&lt;br&gt;Venue: Loewenthal Auditorium Crush Area</td>
</tr>
<tr>
<td>0830</td>
<td><strong>Welcome</strong>&lt;br&gt;Michael Bourke, Director, Gastrointestinal Endoscopy, Westmead Hospital</td>
</tr>
<tr>
<td>0832</td>
<td><strong>Official Symposium Opening</strong>&lt;br&gt;Steven Boyages, Chief Executive Officer, SWAHS</td>
</tr>
<tr>
<td>0835</td>
<td><strong>Definitive characterisation of hepatic and pancreatic tumours by contrast enhanced ultrasound.</strong>&lt;br&gt;Christoph Dietrich, Head of the Medical Department 2, Caritas-Hospital Bad Mergentheim, Germany</td>
</tr>
<tr>
<td>0900</td>
<td><strong>Live Endoscopy 1</strong>&lt;br&gt;- Chairs: I Norton, M Appleyard, S Williams</td>
</tr>
<tr>
<td>1030</td>
<td><strong>Morning Tea</strong> - Venue: Loewenthal Auditorium Crush Area</td>
</tr>
<tr>
<td>1100</td>
<td><strong>Endoscopic therapy for obesity: Has it arrived?</strong>&lt;br&gt;Pete Stevens, Director of Endoscopy, New York Presbyterian Hospital - Columbia Campus, USA</td>
</tr>
<tr>
<td>1120</td>
<td><strong>Live Endoscopy 2</strong>&lt;br&gt;- Chairs: A Kaffes, S Ding, R Lin</td>
</tr>
<tr>
<td>1300</td>
<td><strong>Lunch</strong> - Venue: Loewenthal Auditorium Crush Area</td>
</tr>
<tr>
<td>1325</td>
<td><strong>Endoscopy unit tours depart the registration desk (pre-booked)</strong></td>
</tr>
<tr>
<td>1400</td>
<td><strong>Live Endoscopy 3</strong>&lt;br&gt;- Chairs: R Singh, I Norton, R Hope</td>
</tr>
<tr>
<td>1530</td>
<td><strong>Afternoon Tea</strong> - Venue: Loewenthal Auditorium Crush Area</td>
</tr>
<tr>
<td>1600</td>
<td><strong>Detection, classification and treatment of colonic neoplastic lesions in Japan: Insights for Western Endoscopists.</strong>&lt;br&gt;Yutaka Saito, National Cancer Care Hospital, Tokyo, Japan</td>
</tr>
<tr>
<td>1630</td>
<td><strong>General Endoscopy Quiz</strong> - Alan Moss</td>
</tr>
<tr>
<td>1700</td>
<td><strong>Symposium Close</strong> - Stephen Williams&lt;br&gt;Coaches will depart promptly from outside the Millennium Foundation (drop off point in the morning) enroute for the Four Points by Sheraton Hotel</td>
</tr>
<tr>
<td>1900</td>
<td><strong>Symposium Dinner</strong> (by pre-registration only - see below)&lt;br&gt;Special lecture during dinner! Dr Nageshwar Reddy, will present “My Journey” – establishing gastroenterological services in India: Fulfilling basic needs and providing advanced care.</td>
</tr>
</tbody>
</table>

### OFFICIAL SYMPOSIUM DINNER

The Malaya Restaurant, 93 Lime Street, King Street Wharf<br>Please make your own way to the restaurant. Just a short walk from The Four Points by Sheraton<br>Thursday 4 March 7.00pm onwards
Heartburn and regurgitation symptoms associated with gastro-oesophageal reflux disease.1


Nexium 10 mg sachets are not listed on the PBS.

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Please review Product Information before prescribing. Full Product Information is available on request from AstraZeneca. Nexium® (esomeprazole magnesium trihydrate). Indications and dosage. Adults and Children ≥12 years: Treatment of erosive reflux oesophagitis: 40 mg once daily for 4 or 8 weeks. Long-term management of patients with healed oesophagitis to prevent relapse: 20 mg once daily. Symptomatic treatment of gastro-oesophageal reflux disease (GERD) in patients without oesophagitis: 20 mg once daily for 4 weeks. Other indications/dosage in adults: Patients requiring NSAID therapy: Prevention of gastric and duodenal ulcers associated with NSAID therapy: 20 mg once daily. Short-term treatment of upper GI symptoms associated with NSAID therapy: 20 mg once daily. Healing of gastric ulcers associated with NSAID therapy: 20 mg once daily for 4 to 8 weeks. *Prevention of relapse of gastric and duodenal ulcers following treatment with NEXIUM H2 solution: 40 mg orally once daily, duration determined by physician. Healing of duodenal ulcers associated with H. pylori eradication: 20 mg with active or healed peptic ulceration: NEXIUM 20 mg used in combination with 1000 mg amoxicillin and 500 mg clarithromycin, twice daily for 7 days. Pathological hypersecretory conditions including Zollinger-Ellison syndrome and idiopathic hypersecretion: 40 mg twice daily initially and may be increased. *Children 1-11 years: Treatment of erosive reflux oesophagitis: weight <20 kg: 10 mg once daily for 8 weeks; weight ≥20 kg, 10 mg or 20 mg once daily for 8 weeks. Long-term management of patients with healed oesophagitis to prevent relapse: 10 mg once daily. Symptomatic treatment of gastro-oesophageal reflux disease (GERD): 10 mg once daily for up to 8 weeks. Contraindications: Hypersensitivity to esomeprazole, substituted benzimidazoles or other constituents of Nexium; *Concomitant administration with atazanavir or cilostazol. Precautions: *Increased GI infections, hepatic insufficiency; renal impairment, pregnancy, lactation, interactions with other medicines, exclude malignancy. Interactions: Clarithromycin, cisapride, *cilostazol, citalopram, clomipramine, imipramine, diazepam, phenytoin, warfarin, antitrombotic drugs. (*contraindicated with atazanavir, not recommended with nelfinavir); *drugs with pH dependent absorption; others see full PI. Presentations: Tablets: 20 mg and 40 mg. Unit dose sachets containing 10 mg granules for oral suspension: Date of TGA approval: 7 September 2009. Date of most recent amendment: 25 September 2009. PBS dispensed price: 40 mg (30) $58.67; 20 mg (30) $58.54. Reference: 1. Nexium Approved Product Information 7 September 2009. AstraZeneca Pty Ltd. ABN 54 009 682 311. Alma Road, North Ryde NSW 2113. Trademarks herein are the property of the AstraZeneca Group. 2/10 NEX000050r AST2122/CJB AZAE0311

*Please note changes in Product Information.

## Symposium Program

### Day Two - Friday 5 March 2010

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>0715</td>
<td>Coaches will depart promptly from the ‘lower ground floor’ of the Four Points by Sheraton Hotel. Please be waiting 10 minutes prior to departure.</td>
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<tr>
<td>0730</td>
<td>Registration Opens</td>
</tr>
<tr>
<td>0830-0850</td>
<td><em>The Molecular Alphabet of Colorectal Neoplasia: SSAS, LSTs and other TLAS.</em>&lt;br&gt;Robyn Ward, Clinical Associate Dean, Prince of Wales Clinical School, University of NSW</td>
</tr>
<tr>
<td>0900-1030</td>
<td><em>Live Endoscopy 4 - Chairs: P Craig, W Tam, D Ruppin</em></td>
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<tr>
<td>1030-1100</td>
<td>Morning Tea - Venue: Loewenthal Auditorium Crush Area</td>
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<tr>
<td>1100-1115</td>
<td><em>Pancreatic cancer screening in high risk individuals – Can we help?</em>&lt;br&gt;Pete Stevens, Director of Endoscopy, New York Presbyterian Hospital - Columbia Campus, USA</td>
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<tr>
<td>1115-1300</td>
<td><em>Live Endoscopy 5 - Chairs: B Jones, D van der Poorten, D Samarasinghe</em></td>
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<tr>
<td>1300-1400</td>
<td>Lunch - Venue: Loewenthal Auditorium Crush Area</td>
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<tr>
<td>1325-1400</td>
<td>Endoscopy unit tours depart the registration desk (pre-booked)</td>
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<tr>
<td>1400-1530</td>
<td><em>Live Endoscopy 6 - Chairs: R Vaughan, M Appleyard, N Phung</em></td>
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<tr>
<td>1530-1600</td>
<td>Afternoon Tea - Venue: Loewenthal Auditorium Crush Area</td>
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<tr>
<td>1600-1630</td>
<td><em>The Peter Gillespie Lecture: The Changing Face of GI Endoscopy in 2010</em>&lt;br&gt;Nageshwar Reddy, Chairman, Asian Institute of Gastroenterology, Hyderabad, India</td>
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<tr>
<td>1630-1645</td>
<td>Quiz answers and awards for winners&lt;br&gt;Stephen Williams and Alan Moss</td>
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<tr>
<td>1645</td>
<td>Symposium Close, meeting adjourned&lt;br&gt;Michael Bourke</td>
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<tr>
<td>1700</td>
<td>Separate coaches will depart promptly from outside the Millennium Foundation (drop off point in the morning) enroute for the Four Points by Sheraton Hotel and Sydney domestic and international airports</td>
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Mark your diary NOW, next year’s Symposium dates!  
**Wednesday 2 - Friday 4 March, 2011**

### March 2011 Calendar

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Mary Bong, ANUM
Robyn Brown, CNE
Judy Tighe Foster, CNS
Kerry Flew, CNS
Adeyemi Adenike, RN
Jenevieh, Junio, RN
Sandra Ko, RN
Susan Lane, RN
Polly Leong, RN
Helna Lindhout, RN
Betty Lo, RN
Kwok Siu, RN
Janice Waru, RN
Mark Brook, RN
Su Wang, RN
Julie Brown, RN
Nicky Stojanovic, RN
Amelia Tam, RN
Suzy Duffie, EN
Rachel Perram, EEN
Crystal Schumacher, EEN
Julie Hook, EEN
Ewa Kasprzak-Adamecki, ST
Karuna Kisun, ST

Westmead Consultant Endoscopists

Dr Michael Bourke
Dr Stephen Williams
Dr David Ruppin
Dr Rita Lin
Dr Vu Kwan
Dr David Williams
Dr Nghí Phung
Dr Rick Hope
Dr Dev. Samarasinghe
Dr David Van der Poorten

Westmead Medical Production and Co-ordination

Dr Scott Fanning
Dr Viraj Kariyawasam
Dr Badre Alam
Dr Alan Moss
Dr Adrian Chung
Dr Roslyn Vongsuvanh
Dr Eric Lee
Dr Mahendra Naidoo

Sydney West Area Health Service Audio Visual Production Team

Glenn Munro, Director
Lesa Posa
Phillip Edwards
Alan Smedley
Chris Henwood
Terry Lawrie
Simon Davies

Westmead Endoscopy Clerical Support Team

Ramona Galea
Lyn Mitchell
Emily Touma
Shamim Ara
Amy Kenane
Tiffany Moyle

Special thanks to:
Westmead Department of Anaesthetics – Professor Peter Klineberg and Dr Susan Voss
Georgette Hanna – Executive Officer Westmead Association
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For further information please contact
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Fax +61 7 3337 9855
email: rsvp@e-Kiddna.com.au

**Attendance Verification:** A Certificate of Attendance will be available from the Registration Desk upon request.

**Disclaimer:** Information contained in this brochure was correct at the time of publication. However, it may be necessary, due to unforeseen circumstances for sections to be changed. The organisers will endeavour to keep changes to a minimum.