Nurses Workshop Program

Sydney International Endoscopy Symposium 2012 Nurses Workshop

Wednesday 7th March 2012
Hilton Sydney, Australia

International Faculty

Maria Cirocco RN
GI Research Manager,
St Michael’s Hospital,
Toronto, Canada

Special thanks to

Whiteley Corporation
for supporting this Workshop
Welcome to Nurses

Once again it is a great privilege for me to welcome my fellow nurses to the Sydney International Endoscopy Symposium Nurses Workshop on Wednesday 7th March 2012 at the luxurious Hilton Sydney Hotel.

I know you will find the program very stimulating, interesting and educational, with interactive hands-on demonstrations related to important aspects in Endoscopy nursing that will excite and increase your understanding in this specialty!

This meeting will also be a fabulous opportunity to come together to interact, network and be updated and to learn new tools to promote gastrointestinal Endoscopy nursing.

Nurses are also welcome and encouraged to attend the two full days live Symposium, which promises to be a fabulous experience showcasing the skills and wisdom of the internationally renowned guest faculty.

RCNA points will be available for nurses attending the Symposium.

Yours sincerely
Mary Bong
Nurse Unit Manager
Endoscopy Unit, Westmead Hospital
Organising Committee
Sydney International Endoscopy Symposium,
Nurses Workshop 2012

---

Nurses Workshop Program

Nurses Workshop - Wednesday 7th March 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>0730</td>
<td>Registration opens</td>
</tr>
<tr>
<td>0830 - 0835</td>
<td>Welcome Note by Mary Bong</td>
</tr>
<tr>
<td></td>
<td><strong>SECTION 1</strong> Moderators: Vu Kwan and Robyn Brown</td>
</tr>
<tr>
<td>0835 - 0905</td>
<td>Unravelling the small bowel: Vu Kwan</td>
</tr>
<tr>
<td>0905 - 0935</td>
<td>Update on micro-testing: Jimmy Ng</td>
</tr>
<tr>
<td>0935 - 1005</td>
<td>My research nurse role - how it came about and what it encompasses: Maria Cirocco RN, GI Research Manager, St Michael’s Hospital, Toronto, Canada</td>
</tr>
<tr>
<td>1005 - 1035</td>
<td>Advanced mucosal resection: assessment and management of colo-rectal neoplasia: Milan Bassan</td>
</tr>
<tr>
<td>1035 - 1115</td>
<td>Morning Tea and Trade Displays</td>
</tr>
</tbody>
</table>
Nurses Workshop Program

SECTION 2 – Hands-on demonstration

Moderators: Milan Bassan and Judy Tighe-Foster Floor Co-ordinators: Jenevieh Junio and Susan Lane

<table>
<thead>
<tr>
<th>Group 1</th>
<th>Group 2</th>
<th>Group 3</th>
<th>Group 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>1115 - 1145</td>
<td>The Ins and Outs of Polyps</td>
<td>GI bleed management equipment</td>
<td>‘Up the duct’</td>
</tr>
<tr>
<td>25 minute Workshops</td>
<td>Snares, loops and clips</td>
<td>Banders and Coag grasper</td>
<td>Guidewires and sphincterotomes</td>
</tr>
<tr>
<td>5 minute turnover</td>
<td>Lift recipe and injectors</td>
<td>Super sucker and overtube</td>
<td>Baskets and balloons</td>
</tr>
<tr>
<td></td>
<td>Pinning specimens</td>
<td>Clips and Glue</td>
<td>Cholangiography and EHL</td>
</tr>
<tr>
<td>Demonstrators - Rebecca Sonson, Su Wang, Milan Bassan and Sandra Ko</td>
<td>Lesion classification</td>
<td>Optical Endoscopic imaging</td>
<td>Demonstrators - Judy Tighe Foster, So Wang, Milan Bassan and Sandra Ko</td>
</tr>
</tbody>
</table>

| 1145 - 1215 | ‘Up the duct’ | Ask the experts - Bugs in water | The Ins and Outs of Polyps |
| 25 minute Workshops | Guidewires and sphincterotomes | Micro-organisms in Endoscopy | Snares, loops and clips |
| 5 minute turnover | Baskets and balloons | Water filtration | Lift recipe and injectors |
| | Cholangiography and EHL | Genca updates | Pinning specimens |
| Demonstrators - Judy Tighe Foster, Su Wang, Milan Bassan and Sandra Ko | Lesion classification | Demonstrators - Jon Long, Jimmy Ng, Di Jones and Robyn Brown |

| 1215 - 1245 | ‘Up the duct’ | GI bleed management equipment | The Ins and Outs of Polyps |
| 25 minute Workshops | Guidewires and sphincterotomes | Banders and Coag grasper | Snares, loops and clips |
| 5 minute turnover | Baskets and balloons | Super sucker and overtube | Lift recipe and injectors |
| | Cholangiography and EHL | Clips and Glue | Pins and clips |
| Demonstrators - Jon Long, Jimmy Ng, Di Jones and Robyn Brown | ‘Up the duct’ | Demonstrators - Rebecca Sonson, Stephanie Henshaw, Julie Hook and Mark Brook |

| 1245 - 1315 | GI bleed management equipment | The Ins and Outs of Polyps | Ask the experts - Bugs in water |
| 25 minute Workshops | Banders and Coag grasper | Snares, loops and clips | Micro-organisms in Endoscopy |
| 5 minute turnover | Super sucker and overtube | Lift recipe and injectors | Water filtration |
| | Clips and Glue | Pinning specimens | Cholangiography and EHL |
| | Optical Endoscopic imaging | Lesion classification | Demonstrators - Judy Tighe Foster, So Wang, Milan Bassan and Sandra Ko |
| Demonstrators - Rebecca Sonson, Stephanie Henshaw, Julie Hook and Mark Broo | Lesion classification | | Demonstrators - Jon Long, Jimmy Ng, Di Jones and Robyn Brown |

1315 - 1400 Lunch and Trade Displays

SECTION 3 Moderators: Di Jones and Mary Bong

1400 - 1415 Quiz - Quiz Master Nicky Stojanovic

1415 - 1445 Bleed Management: Diagnosis and Treatment. Maria Cirocco RN, GI Research Manager, St Michael’s Hospital, Toronto, Canada

1445 - 1500 Quiz prizes presentation, closing remarks and thank you

1505 Close Afternoon Tea and Trade Displays
Coaches departing for Westmead Hospital Endoscopy Unit tours (takeaway afternoon tea provided)

1830 Coaches arrive back to Hilton Sydney Hotel
ABSTRACT
Unraveling the small bowel.

Vu Kwan

The small intestine is the most elusive and challenging segment of the gastrointestinal tract. For many years, it was inaccessible endoscopically and therapeutic manoeuvres had to be carried out via laparotomy. In recent years however, there have been vast improvements in both cross-sectional and endoscopic imaging of the small bowel.

CT and MRI techniques have been developed specifically to image the small bowel. Video capsule endoscopes are now highly sophisticated and generate superb quality images. A new generation of enteroscopes has been developed, now allowing complete endoscopic visualization and therapy of the small bowel in its entirety.

The future also looks bright for small intestinal endoscopy, with numerous prototype capsule endoscopes in development. Somewhat like a science fiction movie, the future may well see self-propelling capsules, magnetically driven capsules and even ‘robot’ capsules that can perform endoscopic therapies and deliver drugs under remote control guidance.

Biography
Vu Kwan

Dr Vu Kwan is a consultant gastroenterologist at Westmead Hospital, with a special interest in interventional endoscopy and endoscopic ultrasound. She also runs the Inflammatory Bowel Disease Clinic at Westmead. She is the Network Director of Physician Training for Westmead, Blacktown, Hornsby and Orange Base Hospitals. Ongoing education for both medical and nursing staff is one of her particular passions.

ABSTRACT
Update on micro-testing.

Jimmy Ng

Over 1,500 endoscope waters were processed in 2011 at the Centre for Infectious Diseases and Microbiology Laboratory, 13% of the samples received were found to be positive for bacterial growth and over 50% of these positive samples grew Methylobacterium species. This may indicate that the recommended decontamination procedure for the filter system has failed and should be reviewed.

Methylobacterium species, Mycobacterium mucogenicum, Bacillus species, Staphylococcus species are ubiquitous in water and may cause infections in immunocompromised patients. The water quality of the final rinse water relies on the water filtration system, auto-disinfection cycle, compliance with the reprocessing guidelines; failure to do so may pose risk to patient on endoscope associated infections.

Biography
Jimmy Ng is the Laboratory Manager of the PC4 facility at Westmead Hospital.

Besides handling high risk micro-organisms in the facility, he also supervises micro-testing on endoscope rinse water, dialysis water and dental unit waterline water.

His laboratory processed over 1500 endoscope waters last year following the GENCA guidelines and has recently accredited by NATA on these testing.
ABSTRACT
Advanced mucosal resection: assessment and management of colo-rectal neoplasia.
Milan Bassan
This presentation focuses on the assessment of colonic neoplasia utilising multiple modalities and then addresses the utility of endoscopic resection including advances in resection technique, assessing resectability and resection technique.
Advances in endoscopic technology have significantly increased the frontier of endoscopic resection for large or advanced lesions on the colon. The use of high definition endoscopy, chromoendoscopy and optical enhancement techniques (such as narrow band imaging) as well as the use of the Paris classification and presence or absence of granularity enable prediction of lesion histology with a high degree of accuracy and this in turn allows determination of endoscopic resectability.
Improvements in equipment (especially snares and electrosurgical generators) allow for resection of large lesions. Furthermore advances in the technique such as the use of succinylated gelatin as a lifting solution allow for faster and larger resections and the use of carbon dioxide significantly reduces pain and post procedural admission.
These techniques and advances will be reviewed in this presentation and strategies to optimise endoscopic resection will be discussed.

Biography
Milan Bassan
At the time of the Symposium Milan Bassan will be Locum VMO Gastroenterologist at Liverpool Hospital. Preceding that he was the Fellow in advanced interventional endoscopy (ERCP) at Westmead and will be a clinical fellow in advanced therapeutic endoscopy at St Michael’s Hospital in Toronto. Milan has completed his Gastroenterology training in Liverpool, Wollongong and Nepean and also in Sheffield (UK).

ABSTRACT
Bleed management: Diagnosis and treatment.
Maria Cirocco
Aims and Content
Effectively treating and managing an upper or lower GI bleed is critical. As clinicians, it is important to stay up to date on growing trends and how to apply them in our practice. Join us to discuss tools and techniques that you and your colleagues can use daily to improve patient outcomes and efficiency.
This workshop is intended to:
• Understand hemostasis
• Discuss the conditions of GI bleeding
• Discuss the therapies for GI bleeding
• Review the tools and techniques used for treating GI bleeding
• Present clinical topics: injection therapy, thermal therapy, and mechanical therapy for treatment of GI bleeding

Biography
Maria Cirocco
Maria is currently employed as the GI Research Manager at St. Michael’s Hospital in Toronto, Canada.
Maria Cirocco received her Nursing Diploma and Bachelor of Science in Nursing at Ryerson Polytechnical Institute in 1978 and 1988. She received a Master of Arts, Ed. from Central Michigan University in 2003.
Maria’s professional affiliations include:
• Involved with CSGNA since its formation, have served as secretary, president and on various committees
• Participated in the certification process by serving as a member of the Competencies committee and the Exam committee
• Obtained Canadian certification in Gastroenterology in 2004
• Served as speaker at various conferences
• Served on the first SIGNEA executive committee as treasurer
• Long standing Member of SGNA
• Long standing member of the Registered Nurses Association of Ontario and served as chapter president.
Thank You

A SINCERE THANK YOU IS EXTENDED TO THE FOLLOWING COLLEAGUES:

Westmead Nursing Staff
Adeyemi Adenike, RN
Vivien Baker, RN
Mary Bong, NUM
Mark Brook, RN
Robyn Brown, CNE
Kerry Flew, CNS
Octavio Ferrer, RN
Julie Hook, EEN
Stephanie Henshaw, EEN
Jeneviah Junio, RN
Sandra Ko, RN
Susan Lane, RN
Polly Leong, RN
Helna Lindhout, RN
Betty Lo, RN
Jason Matser RN
Crystal Roemer, EEN
Kwok Siu, RN
Rebecca Sonson, RN
Nicky Stojanovic, RN
Amelia Tam, RN
Judy Tighe Foster, CNS
Helena Tsang, RN
Janice Waru, RN
Su Wang, RN

Westmead Consultant Endoscopists
Dr Michael Bourke
Dr Rick Hope
Dr Vu Kwan
Dr Thao Lam
Dr Eric Lee
Dr Rita Lin
Dr Nghii Phung
Dr David Ruppin
Dr Dev Samarasinghe
Dr Payel Saxena
Dr David Van der Poorten
Dr Stephen Williams

Westmead Medical Production and Co-ordination
Dr Golo Ahlenstiel
Dr Milan Bassan
Dr Farzan Fahtash
Dr Bronte Holt
Dr Vanoo Jayasekaran
Dr Vi Nguyen
Dr Roslyn Vongsuvanh

Westmead Endoscopy Clerical and Technical Support Team
Shamim Ara
Shashi Bala
Nelson Calubad, ST
Ramona Galea
Ewa Kasprzak-Adamecki, ST
Amy Kenane
Karuna Kisun, ST
Tiffany Moyle
Maribel Rontal
Vicky Mina

Special thanks to:
Westmead Department of Anaesthetics – Professor Peter Klineberg and Dr Susan Voss

Sydney West Area Health Service Audio Visual Production Team
Gary Burns
Simon Davies
Phillip Edwards
Chris Henwood
Terry Lawrie
Glenn Munro, Director
John Munro
Lesa Posa
Thank you to our sponsors:

PLATINUM SPONSORS

AstraZeneca

Boston Scientific
  Defining tomorrow, today.

COOK MEDICAL

OLYMPUS
  Your Vision, Our Future

GOLD SPONSORS

C.R. Kennedy Medical Technologies

Device Technologies

ERBE

Fujifilm Medical Systems

GI-LEN Imaging

Janssen

Pentax

Takeda

Nycomed

SILVER SPONSORS

ENDOMED PTY LTD
  SPECIALISING IN ENDOSCOPY

Endotherapeutics

Ferring
  Pharmaceuticals

FRESENIUS KABI
  caring for life

Investec
  Medical Finance

Investec
  Medical Finance

Norgine

ORPHAN
  A division of aspen Australia

Pyramed

Vitramed

Conference Organiser and Secretariat

For further information please contact
e-Kiddna Event Management
Ph +61 7 3893 1988
Fax +61 7 3337 9855
email: info@e-Kiddna.com.au

Nurses Workshop Sponsors

e-Kiddna

iTeMS

Whiteley Corporation

Attendance Verification: A Certificate of Attendance will be available from the Registration Desk upon request.

Disclaimer: Information contained in this brochure was correct at the time of publication. However, it may be necessary, due to unforeseen circumstances for sections to be changed. The organisers will endeavour to keep changes to a minimum.